

MID-YEAR REPORT FOR OUTCOME PROGRESS

Reporting for: July 1 – November 30 of the current year!

Agency Name: YWCA

Program Name: Training & Informational Education

Brief Description of Program:

We utilize the YWCA's events to educate others about the need to empower women and eliminate racism and how they can help. These events include Week Without Violence, Stand Against Racism, and encouraging and helping students register to vote. We have a Student Club called Talk Back, which meets biweekly to discuss and learn about current social justice issues. After the discussions, we talk about how we can advocate against the injustices.

- 1. Program/ Service Outcome (Change/ Benefit to Clients/ Community) – please refer back to the corresponding ABF 5(O) and provide an update on program/ service outcome from July 1 to date:**

We utilize the YWCA's events to educate others about the need to empower women and eliminate racism and how they can help. This training enhances lives because not only does it encourage people to contribute this knowledge to the community, but it also enhances the lives of those who attend these programs and events and learn why and how to help eliminate racism and empower women. Our student club, Talk Back, has a purpose/goal of educating students on current social justice issues and advocating against them.

- 2. Measurement Used (How Often, Tools Used) – please refer back to the corresponding ABF 5(O) and provide an update on measurement used from July 1 to date:**

Week Without Violence and Stand Against Racism are measured by the attendance at our different events, and how much we see on social media outlets. Talk Back's outcome is measured by the attendance at each dialogue series, as well as how much advocacy work is done.

- 3. Measurement Update (Please provide update on measurement data collected based on the ABF 5(O) from July 1 to date):**

Week Without Violence and Stand Against Racism are measured by the attendance at our different events, and how much we see on social media outlets. Talk Back's outcome is measured by the attendance at each dialogue series, as well as how much advocacy work is done.

- 4. Outcomes Achieved (Result to Clients/ Community) – please refer back to the corresponding ABF 5(O) and provide an update on the outcomes achieved from July 1 to date:**

Week Without Violence had a total of 14 participants at this year's event, and 4 of those advocated against domestic violence following the program. We had information on social media as well. Stand Against Racism will occur in April. Talk Back has 14 participants, and advocacy has regularly taken place within the program.

5. Barriers Encountered (please refer back to the corresponding ABF 5(O) and provide an update on the barriers encountered from July 1 to date):

Due to the pandemic, these programs cannot be held in person, which can affect the number of participants.

6. Clients Served (please refer back to the corresponding ABF 5 Service Statistics and provide an update on number of clients served from July 1 to date):

We served a total of 14 Story County residents, as well as those who read our social media information, for Week Without Violence. Stand Against Racism will occur in April. The MLK Celebration will occur in January. We served a total of 14 Story County residents in Talk Back.

7. Have you had to turn any clients away that desire to participate in this program? If so, why? If so, how many? If so, when?

We have not had to turn anyone away for these programs.

8. Comments:

Staff Use Only:

Change/ Benefits demonstrated for client/ community?	Yes	No
Quantifiable Outcome Measures?	Yes	No
Outcomes Reported?	Yes	No

MID-YEAR REPORT FOR OUTCOME PROGRESS

Reporting for: July 1 – November 30 of the current year!

Agency Name: YWCA

Program Name: Parent and Student Support

Brief Description of Program:

Engaging International Spouses, Students and Scholars helps acclimate internationals into the Ames and Iowa State communities. The YWCA holds campaigns each year; Week Without Violence takes place every October and Stand Against Racism occurs each April.

- 1. Program/ Service Outcome (Change/ Benefit to Clients/ Community) – please refer back to the corresponding ABF 5(O) and provide an update on program/ service outcome from July 1 to date:**

The purpose of Engaging International Spouses, Students and Scholars is to help acclimate internationals into the Ames and ISU communities. We do so by conducting weekly workshops based off of the needs of the internationals. These workshops include English pronunciation, resume building, free TOEFL and GRE courses, how to use CyRide, and more. We also provide support to help educate the wide University population about issues surrounding women empowerment and racism - such as Week Without Violence and Stand Against Racism - along with supporting four lectures on women's issues on the ISU campus. When the need arises, we provide immediate assistance to individuals/families that are in personal safety crisis.

- 2. Measurement Used (How Often, Tools Used) – please refer back to the corresponding ABF 5(O) and provide an update on measurement used from July 1 to date:**

We measure the success of Engaging International Spouses, Students by how many workshops are conducted (1-2 per week), how many participants made a change based on our program (obtained a driver's license, used CyRide, etc.), how many participants feel more prepared to live in America, and how many participants have an improved access to need services. Our Global Outreach Coordinator documents all measures throughout the year and conducts a mid-year and end of the year survey.

Week Without Violence and Stand Against Racism is measured by the amount of participation, interest, and dialogue that occurs. The Lectures Committee at ISU counts approximately how many attendees are at sponsored lectures. The measurement used for an outcome of individuals seeking assistance is the number of clients served who seek information, referrals, or direct need of safe places.

- 3. Measurement Update (Please provide update on measurement data collected based on the ABF 5(O) from July 1 to date):**

Engaging International Students, Spouses, and Scholars has held 35 workshops in the Fall 2020

semester, and have 28 participants. One hundred percent of those surveyed said they had made a change based on our program (obtained a driver's license, used CyRide, etc.), one hundred percent of those surveyed feel more prepared to live in America, and one hundred percent of those surveyed felt they had an improved access to need services.

For Week Without Violence, our student club had a representative from ACCESS talk about domestic violence and 14 students participated, and four student advocated following the program. Due to the pandemic, we did not distribute flyers in person, and instead posted information via social media.

Stand Against Racism will occur in April, but we will most likely be planning a virtual event for the safety of our participants.

4. Outcomes Achieved (Result to Clients/ Community) – please refer back to the corresponding ABF 5(O) and provide an update on the outcomes achieved from July 1 to date:

Engaging International Students, Spouses, and Scholars has held 35 workshops in the Fall 2020 semester, and have 28 participants. One hundred percent of those surveyed said they had made a change based on our program (obtained a driver's license, used CyRide, etc.), one hundred percent of those surveyed feel more prepared to live in America, and one hundred percent of those surveyed felt they had an improved access to need services.

For Week Without Violence, our student club had a representative from ACCESS talk about domestic violence and 14 students participated, and four student advocated following the program. Due to the pandemic, we did not distribute flyers in person, and instead posted information via social media.

Stand Against Racism will occur in April, but we will most likely be planning a virtual event for the safety of our participants.

5. Barriers Encountered (please refer back to the corresponding ABF 5(O) and provide an update on the barriers encountered from July 1 to date):

Due to the pandemic and everything being virtual, we have missed out on our field trips and in-person social events that we usual provide for all of these programs.

6. Clients Served (please refer back to the corresponding ABF 5 Service Statistics and provide an update on number of clients served from July 1 to date):

Engaging International Spouses, Students and Scholars has served 28 internationals so far. Week Without Violence served 14 individuals, as well as anyone who read or engaged in our social media. Stand Against Racism will occur in April.

7. Have you had to turn any clients away that desire to participate in this program? If so, why? If so, how many? If so, when?

We have not had to turn anyone away for these programs.

8. Comments:

MID-YEAR REPORT FOR OUTCOME PROGRESS

Reporting for: July 1 – November 30 of the current year!

Agency Name: YWCA

Program Name: Youth Development and Social Adjustment (Girls Power Mentoring Program & CollegeBound Mentoring Program)

Brief Description of Program:

GIRLS Power Mentoring Program and CollegeBound Mentoring Program pairs up Iowa State University female-identifying students with middle school female-identifying students (GIRLS Power) and Ames High School female-identifying students (CollegeBound). They meet biweekly as a group, and talk about prominent subjects to girls their age including self-esteem, career exploration, ISU admission process, ISU campus visits, bullying, healthy relationships, nutrition, volunteering and more. During the "off" weeks, each mentor and mentee pair meets one-on-one to build their relationship.

1. Program/ Service Outcome (Change/ Benefit to Clients/ Community) – please refer back to the corresponding ABF 5(O) and provide an update on program/ service outcome from July 1 to date:

The benefit of our mentoring programs is to provide an ISU female-identifying mentor to any middle school and high school female-identifying student who would like a mentor so they can have a good role model, a safe person to talk to about any hardships they may encounter (bullying, college prep, relationships, etc.), and learn from. The goal is to help the girls deal with the current difficulties in their lives, as well as help set them up for success as young women. Bullying, suicide, and self-esteem are prominent issues in middle schools and high schools across the country. We have professionals come to each program to talk about resources, self-care, and so on. We also believe having a mentor and someone you can talk to can dramatically help. Mentors are trained on sensitivity, leadership theory and development, working with children and families and other forms of communication. This training will benefit the mentee as their mentor will have more knowledge of what to expect, and it will benefit the mentor by educating them on leadership and communication skills.

We have had a very successful fall semester, even in the midst of the pandemic. Everything is virtual, which has shown number of contacts between mentees and mentors to increase. The pairs have reported connecting several times a week via FaceTime or Zoom, as well as the biweekly programs as a group.

2. Measurement Used (How Often, Tools Used) – please refer back to the corresponding ABF 5(O) and provide an update on measurement used from July 1 to date:

We measure the success of the program by how many mentees and mentors complete the entire year's program (September through April), how many individuals feel they have improved self-esteem, and how many feel more knowledgeable about college-prep and admissions. We give

each mentor and mentee evaluations in December and at the end of the year. Measurements for GIRLS Power and CollegeBound training are evaluated by initial interviews and training sessions that gauge beginning feelings/experiences. Mid-year and end of the year evaluations are completed by the mentors, along with weekly reports to the Executive Director by the Mentoring Coordinators.

3. Measurement Update (Please provide update on measurement data collected based on the ABF 5(O) from July 1 to date):

We measure the success of the program by how many mentees and mentors complete the entire year's program (September through April), how many individuals feel they have improved self-esteem, and how many feel more knowledgeable about college-prep and admissions. We give each mentor and mentee evaluations in December and at the end of the year. Measurements for GIRLS Power and CollegeBound training are evaluated by initial interviews and training sessions that gauge beginning feelings/experiences. Mid-year and end of the year evaluations are completed by the mentors, along with weekly reports to the Executive Director by the Mentoring Coordinators.

4. Outcomes Achieved (Result to Clients/ Community) – please refer back to the corresponding ABF 5(O) and provide an update on the outcomes achieved from July 1 to date:

So far, 100 percent of our mentees and mentors have continued in the program. Sixty-eight percent of mentors and 72 percent of mentees stated they have a better understanding of diversity. One-hundred percent of mentors and 78 percent of mentees stated they would volunteer after the completion of the program. Eight-four percent of mentees and 89 percent of mentees stated having improved self-confidence. Lastly, 61 percent of mentees stated having an increased knowledge of college preparation skills.

5. Barriers Encountered (please refer back to the corresponding ABF 5(O) and provide an update on the barriers encountered from July 1 to date):

Due to the pandemic, we have struggled getting high school female-identifying students interested in the program. The Ames High School counselor believes it is because they are on a screen all day, and do not want to be involved in anything else that is virtual.

6. Clients Served (please refer back to the corresponding ABF 5 Service Statistics and provide an update on number of clients served from July 1 to date):

The mentoring programs are currently serving 76 clients in Story County.

7. Have you had to turn any clients away that desire to participate in this program? If so, why? If so, how many? If so, when?

We have had to turn away nearly 100 interested female-identifying Iowa State students who

were interested in being mentors because we did not have enough mentees.

8. Comments:

MID-YEAR REPORT FOR OUTCOME PROGRESS

Reporting for: July 1 – November 30 of the current year!

Agency Name: YWCA

Program Name: Advocacy Against Student Discrimination

Brief Description of Program:

We hold 8-10 International Friendship Fairs throughout the year at various schools and within the community. Between four and eight internationals represent their native country and educate the community about diversity to promote global understanding and cultural tolerance. The Martin Luther King Jr. Community Celebration helps promote the YWCA's mission of eliminating racism and engaging a community-wide planning group. Racism still exists, and at the MLK, Jr. Celebration we can remember Dr. King's work, what he stood for, and how we are still working toward his dream. The Women of Achievement Awards & Ceremony honors ten different women who are making a difference in Story County, and working towards the YWCA's mission. Last year we started a new program, the YWCA's student club called "Talk Back". They meet every other week to discuss and advocate for current social justice issues.

- 1. Program/ Service Outcome (Change/ Benefit to Clients/ Community) – please refer back to the corresponding ABF 5(O) and provide an update on program/ service outcome from July 1 to date:**

The benefit of our International Friendship Fairs is that it educates children and our community about diversity. The best way to eliminate racism is to teach cultural differences. International Friendship Fair lets children engage with several internationals of different cultures and beliefs, and creates a safe place where children can ask questions freely. The purpose of the Martin Luther King Jr. Community Celebration is to educate the community about MLK and how everything he did is still prominent in today's world – peaceful protesting, civil rights, equality, etc. The purpose of the Women of Achievement Awards & Ceremony is to acknowledge the outstanding women in our community, as well as the work they do. The goal is for it to be inspirational, and encourage others to make a footprint in our community as well. The purpose of "Talk Back" is to educate ISU students on current social justice issues and find a way for them to advocate. Many of the dialogues are political or at the national level, but many are also local topics that directly affect our community such as sexual assault and stalking, self-care, self-defense and more.

- 2. Measurement Used (How Often, Tools Used) – please refer back to the corresponding ABF 5(O) and provide an update on measurement used from July 1 to date:**

We measure the success of the International Friendship Fairs by the number of participants we have at each event, as well as the amount of enthusiasm, questions, and participation. We measure the success of the MLK Jr. Community Celebration by the number of participants and attendees, the enthusiasm, and what attendees say following the event. The Women of

Achievement Awards & Ceremony's success is measured by the number of nominations we receive for the awardees, the number of attendees, as well as the enthusiasm at the event. We measure the success of "Talk Back" by how many participants attend the dialogue series, how much they participate, and how many come back.

3. Measurement Update (Please provide update on measurement data collected based on the ABF 5(O) from July 1 to date):

We measure the success of the International Friendship Fairs by the number of participants we have at each event, as well as the amount of enthusiasm, questions, and participation. We measure the success of the MLK Jr. Community Celebration by the number of participants and attendees, the enthusiasm, and what attendees say following the event. The Women of Achievement Awards & Ceremony's success is measured by the number of nominations we receive for the awardees, the number of attendees, as well as the enthusiasm at the event. We measure the success of "Talk Back" by how many participants attend the dialogue series, how much they participate, and how many come back.

4. Outcomes Achieved (Result to Clients/ Community) – please refer back to the corresponding ABF 5(O) and provide an update on the outcomes achieved from July 1 to date:

We held two virtual International Friendship Fairs in the fall. We have been preparing an International Friendship Fair video which will be distributed next semester to all Story County schools, libraries and relevant ISU departments. The Martin Luther King, Jr. Celebration will also be virtual on MLK Day. It will be a live event, and we will air it via social media. In addition, the Ames School District will air it on their channel. Women of Achievement will be virtual and will be held in March. We are currently accepting nominations and sponsorships, and so far we have 9 nominations, and one sponsor. Our student club, "Talk Back" has held 15 workshops, and has 14 students involved.

5. Barriers Encountered (please refer back to the corresponding ABF 5(O) and provide an update on the barriers encountered from July 1 to date):

Due to the pandemic, International Friendship Fair cannot be held in person for the safety of our participants. Students and the community miss the opportunity to ask questions and "get to know" internationals.

6. Clients Served (please refer back to the corresponding ABF 5 Service Statistics and provide an update on number of clients served from July 1 to date):

We had six volunteers for our two virtual/live International Friendship Fairs and have nine internationals volunteering for the International Friendship Fair video. Once this is complete and shared next semester, we will have hundreds of Story County viewers. The MLK Community event will take place in January, and the Women of Achievement event in March. The YWCA's student club "Talk Back" has 14 participants and has had 5 different presenters.

7. Have you had to turn any clients away that desire to participate in this program? If so, why? If so, how many? If so, when?

We have not had to turn anyone away for these programs.

8. Comments: