

MID-YEAR REPORT FOR OUTCOME PROGRESS

Reporting for: July 1 – November 30 of the current year!

Agency Name: The Arc of Story County

Program Name: Advocacy

Brief Description of Program: The Arc advocates for people with intellectual and developmental disabilities. We act to preserve and protect fundamental rights and support legislation that impacts employment, housing, and other civil rights of people with disabilities

- 1. Program/ Service Outcome (Change/ Benefit to Clients/ Community) – please refer back to the corresponding ABF 5(O) and provide an update on program/ service outcome from July 1 to date:** Individuals with intellectual and developmental disabilities will have skills to successfully be involved and be leaders in the community. Individuals with intellectual and developmental disabilities and their families will participate in learning and educating themselves on current local, state and national issues that affect them.
- 2. Measurement Used (How Often, Tools Used) – please refer back to the corresponding ABF 5(O) and provide an update on measurement used from July 1 to date:** The Arc uses observational assessments based on attendance at our advocacy events, self-advocates who are on our board of directors; and the support of our programs by both mentors and self-advocates
- 3. Measurement Update (Please provide update on measurement data collected based on the ABF 5(O) from July 1 to date):** The Arc has been working diligently to raise awareness in the community for an inclusive playground and Miracle Field. We worked with many of our self-advocates to participate in the community forums for this project. The Arc has two self-advocates on our board and two of our Special Olympic Athletes are Ambassadors for the State Special Olympics office. The Arc partnered with Planned Parenthood for the second year to educate our self-advocates on healthy relationships, what “no” means and positive self-image. We held six-one hour classes and we had over 20 members in attendance for each class. We have over 15 members that are part of our “Points for a Purpose” program. We also held our bi-annual Legislative Forum in September to educate our members on disabilities issues that important to them through the election process. Through all of these events, The Arc works to make sure our self-advocates have the tools and resources to be heard in our community.
- 4. Outcomes Achieved (Result to Clients/ Community) – please refer back to the corresponding ABF 5(O) and provide an update on the outcomes achieved from July 1 to date:** Though The Arc is proud of the new programs we have added and the participants we have attending, there is always more that can be done.

5. **Barriers Encountered (please refer back to the corresponding ABF 5(O) and provide an update on the barriers encountered from July 1 to date):** Self-Advocacy is only a small aspect of what The Arc does to advocate on behalf of people with disabilities. Self-Advocacy programs are programs best lead by model community advocates. The Arc is not always able to know what its participants are doing outside of our programs that might be influenced by our leadership or encouragement to be involved.
6. **Clients Served (please refer back to the corresponding ABF 5 Service Statistics and provide an update on number of clients served from July 1 to date):** Accounting for the number of clients served or united provided is difficult under our Advocacy Program. We do have 95 registered members of The Arc and over 170 self-advocates are registered for our Recreational Program, who also participate in our advocacy programs that are offered. In small or significant ways, all of our members and self-advocates are served under this service option. Whether it be through our “Points with a Purpose” program, Legislative Evening, Pilot Parents, Legislative Forum, Raising Awareness, or our quarterly newsletter that updates our members on important legislative decisions, all of our members benefit from what a small or large group do on behalf of people with intellectual and developmental disabilities in Story County.
7. **Have you had to turn any clients away that desire to participate in this program? If so, why? If so, how many? If so, when?** The Arc has not turned away any clients for this program.
8. **Comments:**

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Agency Name: The Arc of Story County

Program Name: Service Coordination

Brief Description of Program: The Arc is often the first call a family makes when moving to the community or having a child with a disability. Service Coordination allows The Arc to assist families with obtaining appropriate services and facilitating relationships with other agencies in the community to best meet the family's needs.

- 1. Program/ Service Outcome (Change/ Benefit to Clients/ Community) – please refer back to the corresponding ABF 5(O) and provide an update on program/ service outcome from July 1 to date:** During the first six months of this year, The Arc has provided 50 hours of service coordination. The Arc is often the first call a family makes when moving to the area and/or to find information on resources in the community. Providing service coordination also allows for a reduced respite rate, therefore we are able to provide additional respite hours.
- 2. Measurement Used (How Often, Tools Used) – please refer back to the corresponding ABF 5(O) and provide an update on measurement used from July 1 to date:** : We measure the success of the service by the number of hours used and the number of families/participants who we have assisted and referred for further services to other community providers.
- 3. Measurement Update (Please provide update on measurement data collected based on the ABF 5(O) from July 1 to date):** The Arc has provided 50 hours of service coordination for the first five months of the year. We better understand what we can use the service for and how we can use coordination to increase the satisfaction of the families who use our services.
- 4. Outcomes Achieved (Result to Clients/ Community) – please refer back to the corresponding ABF 5(O) and provide an update on the outcomes achieved from July 1 to date:** The Arc is often the first point of contact for families who are in need services in Story County. We refer and recommend services and agencies in Story County. The Arc provides a valuable service. Families who are new to the community and/or not hooked up with case management services can count on The Arc for information. We rely on the number of contact hours we have billed for to determine our success and the people reached with this service.
- 5. Barriers Encountered (please refer back to the corresponding ABF 5(O) and provide an update on the barriers encountered from July 1 to date):** Connecting with young families and families disconnected from the system challenges all parties interested in providing positive support. This is where it is important to offer the connection to funding available from The Arc.
- 6. Clients Served (please refer back to the corresponding ABF 5 Service Statistics and provide an update on number of clients served from July 1 to date):** The Arc has served 18 clients under this service to either inform them of services in the community or for potential respite funding.

7. **Have you had to turn any clients away that desire to participate in this program? If so, why? If so, how many? If so, when?** We have not had to turn any clients away from this service.

8. **Comments:**

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Agency Name: The Arc of Story County

Program Name: Respite

Brief Description of Program: : Respite funding is designed to provide families short-term financial assistance when needed to care for a family member. Limited supplemental funding gives families the opportunity to bring in a qualified caregiver to provide support and assistance in caring for a family member with an intellectual or developmental disability.

- 1. Program/ Service Outcome (Change/ Benefit to Clients/ Community) – please refer back to the corresponding ABF 5(O) and provide an update on program/ service outcome from July 1 to date:** Children and adults with intellectual disabilities will remain in the family home and do not need to transition to institutional care because of emotional, physical and financial hardship on a family as the primary care provider.
- 2. Measurement Used (How Often, Tools Used) – please refer back to the corresponding ABF 5(O) and provide an update on measurement used from July 1 to date:** Using our partnership with parents, area respite service providers, and case management, The Arc tracks respite needs. We use our monthly invoices to track the amount used and referral sources to track the need.
- 3. Measurement Update (Please provide update on measurement data collected based on the ABF 5(O) from July 1 to date):** The Arc uses the United Way funds each month when the funds arrive. We have accessed two-thirds of the City dollars and will exhaust the City funds by January.
- 4. Outcomes Achieved (Result to Clients/ Community) – please refer back to the corresponding ABF 5(O) and provide an update on the outcomes achieved from July 1 to date:** The Arc has provided 512 hours of respite through the City and United Way respite funding. Respite funding continues to be one of the important services The Arc provides.
- 5. Barriers Encountered (please refer back to the corresponding ABF 5(O) and provide an update on the barriers encountered from July 1 to date):** Connecting with young families and families disconnected from “the system” challenges all parties interested in providing positive support. This is where it is important to offer the connection to funding available from The Arc.
- 6. Clients Served (please refer back to the corresponding ABF 5 Service Statistics and provide an update on number of clients served from July 1 to date):** The Arc has served six different families using United Way and City dollars.
- 7. Have you had to turn any clients away that desire to participate in this program? If so, why? If so, how many? If so, when?** To date, we have not turned away any families, however we will have to use our United Way dollars strategically for the remainder of the fiscal year.

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Agency Name: The Arc of Story County

Program Name: Special Recreation

Brief Description of Program: Active LifeStyles offers social and recreational events for all ages. People involved with Active LifeStyles are making healthy living choices, building relationships with others and having fun. This program oversees and coordinates all Special Olympic activities for Story County athletes including: volleyball, flag football, cheer leading, basketball, bowling, cycling, bocce ball, track and field, soccer, swimming, softball, golf.

- 1. Program/ Service Outcome (Change/ Benefit to Clients/ Community) – please refer back to the corresponding ABF 5(O) and provide an update on program/ service outcome from July 1 to date:** Instead of just relying on activities that are based around the Special Olympics calendar, The Arc schedules our own programs such as sand volleyball, kickball, walking and cycling groups, barbeques, I-Cubs game, boating at Hickory Grover and more. We have continued our “Fit Club” which teaches the participants about exercise and healthy meal choices. We have a cooking class which meets weekly at the Ames Middle School. This class teaches participants independence in the kitchen along with healthy meal planning and safety. The Arc also added Unified Golf to our Special Olympics calendar and Unified Cheerleading.
- 2. Measurement Used (How Often, Tools Used) – please refer back to the corresponding ABF 5(O) and provide an update on measurement used from July 1 to date:** The Arc keeps attendance at all of our activities to measure the success of providing quality services as we also work to reduce social isolation. We had 175 athletes register for our Fall programs.
- 3. Measurement Update (Please provide update on measurement data collected based on the ABF 5(O) from July 1 to date):** We have a record number of athletes participating in all of our scheduled activities. We are continuing to assess the numbers from our Fall Registration. There are 30 athletes signed up for Basketball; 20 athletes registered for Cheerleading; on average , 75 athletes attend recreation bowling each Monday; 35 athletes attended the I-Cubs baseball game; over 75 athletes attended our annual Fall Bar B Que; 95 athletes attended the Halloween Dance at the Moose Lodge .
- 4. Outcomes Achieved (Result to Clients/ Community) – please refer back to the corresponding ABF 5(O) and provide an update on the outcomes achieved from July 1 to date:** The Arc of Story County did achieve our outcomes for the first six months of the year. We added new programs, and saw an increase of participants in all of our activities offered.
- 5. Barriers Encountered (please refer back to the corresponding ABF 5(O) and provide an update on the barriers encountered from July 1 to date):** The Arc only has connections with those that

choose to be involved and does not have contact with people in social isolation who have disabilities.

6. **Clients Served (please refer back to the corresponding ABF 5 Service Statistics and provide an update on number of clients served from July 1 to date):** The billing completed for the first five months of this fiscal year was 3,550 units of service.
7. **Have you had to turn any clients away that desire to participate in this program? If so, why? If so, how many? If so, when?** We have not turned any clients away from this program.

8. **Comments:**

Staff Use Only:

Change/ Benefits demonstrated for client/ community?	Yes	No
Quantifiable Outcome Measures?	Yes	No
Outcomes Reported?	Yes	No