Reporting for: July 1 - November 30 of the current year!

Agency Name: Mainstream Living

Program Name: Day Habilitation – full day

Brief Description of Program:

- 1. Program/ Service Outcome (Change/ Benefit to Clients/ Community) please refer back to the corresponding ABF 5(O) and provide an update on program/ service outcome from July 1 to date:
- Currently serves two 'tiers' of members:
- Dayhab:
 - o Focuses on community integration, volunteerism and socialization
 - Activities and participation are based on choice members choose what activities they
 are interested in and where they would like to visit. Staff assists in supplementing those
 ideas and a monthly calendar is given to each member
- Ace:
- o Focuses on community integration, volunteerism and socialization
- Helps to increase independence for adults who already display a higher level of independence in their lives.
- Mainstream chose to close our 'sensory' program in June due to budgetary constraints. The new tier rates were ones which could not appropriately staff the program despite trying to make the program fiscally responsible for several years.
 - 2. <u>Measurement Used (How Often, Tools Used) please refer back to the corresponding ABF 5(O)</u> and provide an update on measurement used from July 1 to date:
 - The amount of times members participate in community integration activities is being tracked. Data is collected monthly from daily documentation logs written about each member served.
 - Mainstream also closed a satellite location and moved all dayhab programming to the main building located at 1200 McCormick Ave.
 - 3. Measurement Update (Please provide update on measurement data collected based on the ABF 5(O) from July 1 to date):
 - No new programs have opened due to a number of barriers. See #5.
- 4. Outcomes Achieved (Result to Clients/ Community) please refer back to the corresponding ABF 5(O) and provide an update on the outcomes achieved from July 1 to date:

- Members benefit by accessing day habilitation programming. They are able to become integrated in every day community activities which leads to a higher quality of life.
- Members are able to choose the activities they are interested in, resulting in a higher satisfaction level in programming.
- Members are able to choose which program/level of day habilitation they feel best suits their needs and interests.

5. <u>Barriers Encountered (please refer back to the corresponding ABF 5(0) and provide an update</u> on the barriers encountered from July 1 to date):

- Tiers greatly impact programming options and opportunities.
- It has only been recently that MCOs have contacted Mainstream with referrals for dayhab services. Mainstream dayhab programming struggled to grow until only the last two months (where referrals have increased significantly).

6. <u>Clients Served (please refer back to the corresponding ABF 5 Service Statistics and provide an update on number of clients served from July 1 to date)</u>:

107 members served in this program. Three of which receive county funding.

7. Have you had to turn any clients away that desire to participate in this program? If so, why? If so, how many? If so, when?

- One member has been turned down for services due to a lack of movement in Mainstream's sensory program. This member had sent a referral several years ago and due to minimal movement in this program, the member was referred to other services. She has not been on a waiting list for a year plus. Her new case manager contacted Mainstream. They were informed that there would not be any openings for the foreseeable future. A formal referral was made; however, due to the closure of the sensory program, the member was not placed on the waiting list.
- Another member requested services who needed 24 hour nursing staff. Because Center does not employ nursing personnel, we were not unable to serve her.
- 12 members were discharged either due to the sensory program closure or due to the member needing a higher level of care (one of which moved to a skilled nursing facility resulting in Mainstream's discharge)

8. Comments:

Reporting for: July 1 - November 30 of the current year!

Agency Name: Mainstream Living

Program Name: Day Habilitation – full day

Brief Description of Program:

- 1. Program/ Service Outcome (Change/ Benefit to Clients/ Community) please refer back to the corresponding ABF 5(O) and provide an update on program/ service outcome from July 1 to date:
- Currently serves two 'tiers' of members:
- Dayhab:
 - Focuses on community integration, volunteerism and socialization
 - Activities and participation are based on choice members choose what activities they
 are interested in and where they would like to visit. Staff assists in supplementing those
 ideas and a monthly calendar is given to each member
- Ace:
- o Focuses on community integration, volunteerism and socialization
- Helps to increase independence for adults who already display a higher level of independence in their lives.
- Mainstream chose to close our 'sensory' program in June due to budgetary constraints. The new tier rates were ones which could not appropriately staff the program despite trying to make the program fiscally responsible for several years.
 - 2. <u>Measurement Used (How Often, Tools Used) please refer back to the corresponding ABF 5(O)</u> and provide an update on measurement used from July 1 to date:
 - The amount of times members participate in community integration activities is being tracked. Data is collected monthly from daily documentation logs written about each member served.
 - Mainstream also closed a satellite location and moved all dayhab programming to the main building located at 1200 McCormick Ave.
- 3. Measurement Update (Please provide update on measurement data collected based on the ABF 5(O) from July 1 to date):
- No new programs have opened due to a number of barriers. See #5.
- 4. Outcomes Achieved (Result to Clients/ Community) please refer back to the corresponding ABF 5(O) and provide an update on the outcomes achieved from July 1 to date:

- Members benefit by accessing day habilitation programming. They are able to become integrated in every day community activities which leads to a higher quality of life.
- Members are able to choose the activities they are interested in, resulting in a higher satisfaction level in programming.
- Members are able to choose which program/level of day habilitation they feel best suits their needs and interests.

5. <u>Barriers Encountered (please refer back to the corresponding ABF 5(O) and provide an update on the barriers encountered from July 1 to date)</u>:

- Tiers greatly impact programming options and opportunities.
- It has only been recently that MCOs have contacted Mainstream with referrals for dayhab services. Mainstream dayhab programming struggled to grow until only the last two months (where referrals have increased significantly).

6. <u>Clients Served (please refer back to the corresponding ABF 5 Service Statistics and provide an update on number of clients served from July 1 to date)</u>:

107 members served in this program. Three of which receive county funding.

7. Have you had to turn any clients away that desire to participate in this program? If so, why? If so, how many? If so, when?

- One member has been turned down for services due to a lack of movement in Mainstream's sensory program. This member had sent a referral several years ago and due to minimal movement in this program, the member was referred to other services. She has not been on a waiting list for a year plus. Her new case manager contacted Mainstream. They were informed that there would not be any openings for the foreseeable future. A formal referral was made; however, due to the closure of the sensory program, the member was not placed on the waiting list.
- Another member requested services who needed 24 hour nursing staff. Because Center does not employ nursing personnel, we were not unable to serve her.
- 12 members were discharged either due to the sensory program closure or due to the member needing a higher level of care (one of which moved to a skilled nursing facility resulting in Mainstream's discharge)

8. Comments:

Reporting for: July 1 - November 30 of the current year!

Agency Name: Mainstream Living

Program Name: Enclave ¼ Hour Service

Brief Description of Program:

- 9. Program/ Service Outcome (Change/ Benefit to Clients/ Community) please refer back to the corresponding ABF 5(O) and provide an update on program/ service outcome from July 1 to date:
- Builds skills such as accountability arriving to work on time, completing work accurately and at a moderate level or higher, and respecting co-workers and supervisors
- Prepares members for job placement in a community, in a non-enclave setting
- Provides purpose and pride
- Multiple members enrolled in the enclave have obtained employment in the community this last year
- 10. Measurement Used (How Often, Tools Used) please refer back to the corresponding ABF 5(O) and provide an update on measurement used from July 1 to date:
- Mainstream is reaching out to local businesses to try to contract to create new enclave locations. No attempts have been successful at this time. This will continue to be monitored.
- 11. Measurement Update (Please provide update on measurement data collected based on the ABF 5(0) from July 1 to date):
- No new enclave sites opened during this time
- 12. Outcomes Achieved (Result to Clients/ Community) please refer back to the corresponding ABF 5(O) and provide an update on the outcomes achieved from July 1 to date:
- No new enclave sites opened during this time; however, one site is looking to increase production by adding two more days a week of six members each of those days
- 13. <u>Barriers Encountered (please refer back to the corresponding ABF 5(O) and provide an update on the barriers encountered from July 1 to date)</u>:
- The greatest barrier at this time is the inability to open new enclaves; however, with lower referrals, opening new sites would be a great challenge.
- An additional barrier would include members who receive hab funding are losing days. The MCOs (an assessor separate from the case manager) will call Mainstream and ask for progress updates. If the assessor feels the member is not working towards community employment or is

- not making enough progress on their goals, services are decreased and or cut. In many cases, no notice is provided and members lose their funding to attend the enclave effective immediately.
- Because the rates for the enclave program changed several years ago, it has been difficult to break even in this program

14. Clients Served (please refer back to the corresponding ABF 5 Service Statistics and provide an update on number of clients served from July 1 to date):

• 43 Members were served during this time, one of which received county funding.

15. Have you had to turn any clients away that desire to participate in this program? If so, why? If so, how many? If so, when?

- No members have been turned down for enclave services this last year
- Several members have either lost their jobs are have been dropped to working one day per week due to MCO funding cuts (see #5)

16. Comments:

Reporting for: July 1 - November 30 of the current year!

Agency Name: Mainstream Living

Program Name: SCL 15 minute units

Brief Description of Program: Our SCL program primarily operates in Polk and Story counties. These services are for individuals of all ages who meet the admission criteria established by Mainstream Living and their particular waiver services program. Services are provided in 15-minute units based on the individual needs of the person served.

SCL services address the desires, goals, abilities, needs, health and safety of persons living in their own homes or in the home of a parent/guardian. Supported living services are generally long-term in nature, but may change in scope, duration, intensity or location as the needs and preferences of individuals change over time. Mainstream Living works with each of our members and their team to assess goals, interests and needs.

- Program/ Service Outcome (Change/ Benefit to Clients/ Community) please refer back to the corresponding ABF 5(O) and provide an update on program/ service outcome from July 1 to date: : All is going well. Currently serve one ASSET funded individual and one that is partially ASSET funded.
- 2. Measurement Used (How Often, Tools Used) please refer back to the corresponding ABF 5(O) and provide an update on measurement used from July 1 to date: Each individual has personal goals. Serving additional individuals is assessed as they are referred.
- 3. Measurement Update (Please provide update on measurement data collected based on the ABF 5(O) from July 1 to date): Continue to provide high quality service to individuals as described above.
- 4. Outcomes Achieved (Result to Clients/ Community) please refer back to the corresponding ABF 5(O) and provide an update on the outcomes achieved from July 1 to date: Individuals are working toward and achieving personal goals.
- 5. Barriers Encountered (please refer back to the corresponding ABF 5(0) and provide an update on the barriers encountered from July 1 to date): It remains hiring and retaining staff.
- 6. Clients Served (please refer back to the corresponding ABF 5 Service Statistics and provide an update on number of clients served from July 1 to date): One fully funded and one partially funded.

7.	Have you had to turn any clients away that desire to participate in this program? If so, why? If
	so, how many? If so, when? We have a referral list and bring on new individuals as we are able.We are limited on providing new service due to the difficulty of obtaining sufficient staff.
	we are limited on providing new service due to the directity of obtaining sufficient start.