

MID-YEAR REPORT FOR OUTCOME PROGRESS

Reporting for: July 1 – November 30 of the current year!

Agency Name: Mainstream Living

Program Name: HCBS ¼ Hour Service

Brief Description of Program: Our SCL program primarily operates in Polk and Story counties. These services are for individuals of all ages who meet the admission criteria established by Mainstream Living and their particular waiver services program. Services are provided in 15-minute units based on the individual needs of the person served.

SCL services address the desires, goals, abilities, needs, health and safety of persons living in their own homes or in the home of a parent/guardian. Supported living services are generally long-term in nature, but may change in scope, duration, intensity or location as the needs and preferences of individuals change over time. Mainstream Living works with each of our members and their team to assess goals, interests and needs.

- 1. Program/ Service Outcome (Change/ Benefit to Clients/ Community) – please refer back to the corresponding ABF 5(O) and provide an update on program/ service outcome from July 1 to date:** All is going well. Currently serve one ASSET funded individual and one that is partially ASSET funded.
- 2. Measurement Used (How Often, Tools Used) – please refer back to the corresponding ABF 5(O) and provide an update on measurement used from July 1 to date:** Each individual has personal goals. Serving additional individuals is assessed as they are referred.
- 3. Measurement Update (Please provide update on measurement data collected based on the ABF 5(O) from July 1 to date):** Continue to provide high quality service to individuals as described above.
- 4. Outcomes Achieved (Result to Clients/ Community) – please refer back to the corresponding ABF 5(O) and provide an update on the outcomes achieved from July 1 to date:** Individuals are working toward and achieving personal goals.
- 5. Barriers Encountered (please refer back to the corresponding ABF 5(O) and provide an update on the barriers encountered from July 1 to date):** It remains hiring and retaining staff.

6. **Clients Served (please refer back to the corresponding ABF 5 Service Statistics and provide an update on number of clients served from July 1 to date):** One fully funded and one partially funded.

7. **Have you had to turn any clients away that desire to participate in this program? If so, why? If so, how many? If so, when?** We have a referral list and bring on new individuals as we are able. We are limited on providing new service due to the difficulty of obtaining sufficient staff.

Staff Use Only:

Change/ Benefits demonstrated for client/ community?	Yes	No
Quantifiable Outcome Measures?	Yes	No
Outcomes Reported?	Yes	No

MID-YEAR REPORT FOR OUTCOME PROGRESS

Reporting for: July 1 – November 30 of the current year!

Agency Name: Mainstream Living

Program Name: Day Habilitation – full day

Brief Description of Program:

1. Program/ Service Outcome (Change/ Benefit to Clients/ Community) – please refer back to the corresponding ABF 5(O) and provide an update on program/ service outcome from July 1 to date:

- Currently serves three ‘tiers’ of members:
- Sensory:
 - A multi-sensory environment that incorporates a specialized selection of equipment and materials that may encourage members to adapt their responses to sensory stimulation
 - Offers the opportunity to exercise choice through action
 - Structured through exploration and relaxation
 - Provides a safe, non-threatening environment that bridges cognitive, perceptual, behavioral and physical impairments as well as other limiting conditions, to provide a sense of empowerment
- Dayhab:
 - Focuses on community integration, volunteerism and socialization
 - Activities and participation are based on choice - members choose what activities they are interested in and where they would like to visit. Staff assists in supplementing those ideas and a monthly calendar is given to each member
- Ace:
 - Focuses on community integration, volunteerism and socialization
 - Helps to increase independence for adults who already display a higher level of independence in their lives.
- Mainstream is continuing to explore options of serving an ‘aging’ population in a dayhab setting. Due to uncertainties with tier implementation, Mainstream did not open a retirement program this last year but will look at options in the future.

2. Measurement Used (How Often, Tools Used) – please refer back to the corresponding ABF 5(O) and provide an update on measurement used from July 1 to date:

- The amount of times members participate in community integration activities is being tracked. This also aligns with the impending settings rule which will go into effect March 2019. Data is collected monthly from daily documentation logs written about each member served.

3 Measurement Update (Please provide update on measurement data collected based on the ABF 5(O) from July 1 to date):

- No new programs have opened due to a number of barriers. See #5.

4 Outcomes Achieved (Result to Clients/ Community) – please refer back to the corresponding ABF 5(O) and provide an update on the outcomes achieved from July 1 to date:

- Members benefit by accessing day habilitation programming. They are able to become integrated in every day community activities which leads to a higher quality of life.
- Members are able to choose the activities they are interested in, resulting in a higher satisfaction level in programming.
- Members are able to choose which program/level of day habilitation they feel best suits their needs.
- More members are accessing the community over this time period. Mainstream has increased their fleet, including an additional lift van, which has helped to increase the number of members who are able to participate in community activities.
- The sensory program is now integrating in the community as well as are the expectations of the settings rule. Each member will have access to community activities at least weekly.

5 Barriers Encountered (please refer back to the corresponding ABF 5(O) and provide an update on the barriers encountered from July 1 to date):

- It has been difficult to open a new program without knowing rate changes with the upcoming tiers assignment. Rates have now been secured and further exploration can now take place
- Mainstream has experienced an increase in members who utilize wheelchairs. This has been a barrier for those members to access the community as much as their peers. One additional lift van was purchased and has helped to ease some of the limitations.

6 Clients Served (please refer back to the corresponding ABF 5 Service Statistics and provide an update on number of clients served from July 1 to date):

- 105 members served in this program, four of which received county funding.

7 Have you had to turn any clients away that desire to participate in this program? If so, why? If so, how many? If so, when?

- Two members were turned away from Mainstream services during this time period. Both member's teams felt they needed to be supported with a one-on-one staff. Mainstream did not have the rate to support that staffing pattern. Additionally, there had been recent turnover amongst direct support professionals which also limited the amount of staff

available to provide such a support if needed. Formal referrals were not made; however, one member remained living in his father's home and is utilizing hourly SCL services with ChildServe. The second member had a medical complication and is now in a higher level of care. Neither member was placed on our waiting list.

8 Comments:

MID-YEAR REPORT FOR OUTCOME PROGRESS

Reporting for: July 1 – November 30 of the current year!

Agency Name: Mainstream Living

Program Name: Day Habilitation – full day

Brief Description of Program:

1. Program/ Service Outcome (Change/ Benefit to Clients/ Community) – please refer back to the corresponding ABF 5(O) and provide an update on program/ service outcome from July 1 to date:

- Currently serves three ‘tiers’ of members:
- Sensory:
 - A multi-sensory environment that incorporates a specialized selection of equipment and materials that may encourage members to adapt their responses to sensory stimulation
 - Offers the opportunity to exercise choice through action
 - Structured through exploration and relaxation
 - Provides a safe, non-threatening environment that bridges cognitive, perceptual, behavioral and physical impairments as well as other limiting conditions, to provide a sense of empowerment
- Dayhab:
 - Focuses on community integration, volunteerism and socialization
 - Activities and participation are based on choice - members choose what activities they are interested in and where they would like to visit. Staff assists in supplementing those ideas and a monthly calendar is given to each member
- Ace:
 - Focuses on community integration, volunteerism and socialization
 - Helps to increase independence for adults who already display a higher level of independence in their lives.
- Mainstream is continuing to explore options of serving an ‘aging’ population in a dayhab setting. Due to uncertainties with tier implementation, Mainstream did not open a retirement program this last year but will look at options in the future.

2. Measurement Used (How Often, Tools Used) – please refer back to the corresponding ABF 5(O) and provide an update on measurement used from July 1 to date:

- The amount of times members participate in community integration activities is being tracked. This also aligns with the impending settings rule which will go into effect Marcy 2019. Data is collected monthly from daily documentation logs written about each member served.

3. Measurement Update (Please provide update on measurement data collected based on the ABF 5(O) from July 1 to date):

- No new programs have opened due to a number of barriers. See #5.

4. Outcomes Achieved (Result to Clients/ Community) – please refer back to the corresponding ABF 5(O) and provide an update on the outcomes achieved from July 1 to date:

- Members benefit by accessing day habilitation programming. They are able to become integrated in every day community activities which leads to a higher quality of life.
- Members are able to choose the activities they are interested in, resulting in a higher satisfaction level in programming.
- Members are able to choose which program/level of day habilitation they feel best suits their needs.
- More members are accessing the community over this time period. Mainstream has increased their fleet, including an additional lift van, which has helped to increase the number of members who are able to participate in community activities.
- The sensory program is now integrating in the community as well as are the expectations of the settings rule. Each member will have access to community activities at least weekly.

5. Barriers Encountered (please refer back to the corresponding ABF 5(O) and provide an update on the barriers encountered from July 1 to date):

- It has been difficult to open a new program without knowing rate changes with the upcoming tiers assignment. Rates have now been secured and further exploration can now take place
- Mainstream has experienced an increase in members who utilize wheelchairs. This has been a barrier for those members to access the community as much as their peers. One additional lift van was purchased and has helped to ease some of the limitations.

6. Clients Served (please refer back to the corresponding ABF 5 Service Statistics and provide an update on number of clients served from July 1 to date):

- 105 members served in this program, four of which received county funding.

7. Have you had to turn any clients away that desire to participate in this program? If so, why? If so, how many? If so, when?

- Two members were turned away from Mainstream services during this time period. Both member's teams felt they needed to be supported with a one-on-one staff. Mainstream did not have the rate to support that staffing pattern. Additionally, there had been recent turnover amongst direct support professionals which also limited the amount of staff available to provide such a support if needed. Formal referrals were not made; however,

one member remained living in his father's home and is utilizing hourly SCL services with ChildServe. The second member had a medical complication and is now in a higher level of care. Neither member was placed on our waiting list.

8. Comments:

MID-YEAR REPORT FOR OUTCOME PROGRESS

Reporting for: July 1 – November 30 of the current year!

Agency Name: Mainstream Living

Program Name: Enclave ¼ Hour Service

Brief Description of Program:

- 1. Program/ Service Outcome (Change/ Benefit to Clients/ Community) – please refer back to the corresponding ABF 5(O) and provide an update on program/ service outcome from July 1 to date:**
 - Builds skills such as accountability - arriving to work on time, completing work accurately and at a moderate level or higher, and respecting co-workers and supervisors
 - Prepares members for job placement in a community, in a non-enclave setting
 - Provides purpose and pride
 - One existing enclave asked Mainstream to increase the number of members and staff attending the site three days per week. Members who lost a day the previous year were given their additional day back. Mainstream was able to accommodate the needed change quickly as members were interested in working additional days.

- 2. Measurement Used (How Often, Tools Used) – please refer back to the corresponding ABF 5(O) and provide an update on measurement used from July 1 to date:**
 - Mainstream is reaching out to local businesses to try to contract to create new enclave locations. No attempts have been successful at this time. This will continue to be monitored.

- 3. Measurement Update (Please provide update on measurement data collected based on the ABF 5(O) from July 1 to date):**
 - No new enclave sites opened during this time; however, one existing enclave asked to increase production resulting in adding three additional days with 5-6 members working each of those days as well as one additional enclave supervisor for those days.

- 4. Outcomes Achieved (Result to Clients/ Community) – please refer back to the corresponding ABF 5(O) and provide an update on the outcomes achieved from July 1 to date:**
 - No new enclave sites opened during this time; however, one site increased production.

- 5. Barriers Encountered (please refer back to the corresponding ABF 5(O) and provide an update on the barriers encountered from July 1 to date):**
 - The greatest barrier at this time is the inability to open new enclaves; however, with lower referrals, opening new sites would be a great challenge.

- An additional barrier would include members who receive hab funding are losing days. The MCOs (an assessor separate from the case manager) call Mainstream and ask for progress updates. If the assessor feels the member is not working towards community employment or is not making enough progress on their goals, services are decreased and or cut. In many cases, no notice is provided and members lose their funding to attend the enclave effective immediately.

6. Clients Served (please refer back to the corresponding ABF 5 Service Statistics and provide an update on number of clients served from July 1 to date):

- 43 Members were served during this time, one of which received county funding.

7. Have you had to turn any clients away that desire to participate in this program? If so, why? If so, how many? If so, when?

- One member was turned down for services due to having a past history of sexual assault. The team did not feel they could provide adequate supports to ensure safety of all other members.
- Several members have either lost their jobs or have been dropped to working one day per week due to MCO funding cuts (see #5)

8. Comments:

Staff Use Only:

Change/ Benefits demonstrated for client/ community?	Yes	No
Quantifiable Outcome Measures?	Yes	No
Outcomes Reported?	Yes	No